Main Symptoms

Cough

Fever

Difficulty Breathing

Effectiveness of Mask in Preventing Infection

Cloth Masks **17%**
50 cm

Non-woven Masks **47%**
50 cm

Non-woven Masks **70%**
50 cm

Non-woven Masks **75%**
50 cm
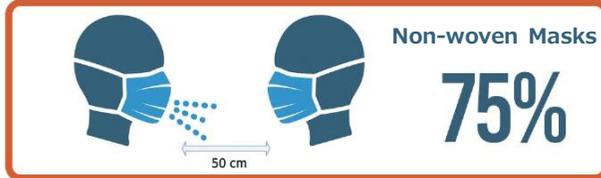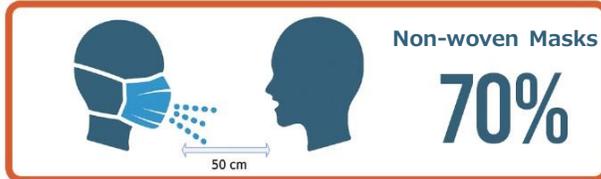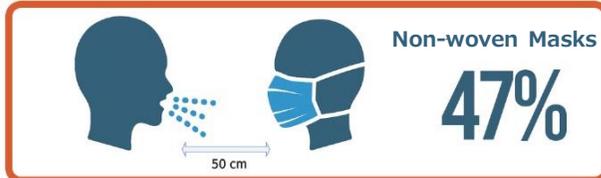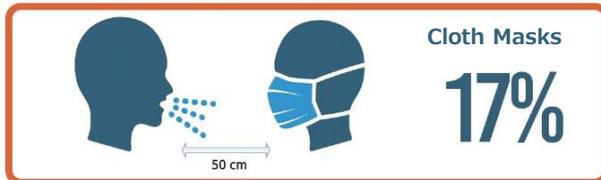
Source: The University of Tokyo
Graph: Cabinet Secretariat

Telephone Consultations

Hamamatsu City COVID-19 Call Center

0120-368-567
Open 24 hours

相談／窓口		Time	
Symptom Examination Center (Fever, cough, breathlessness, etc.)	1*	Available 24 hours	
PCR Test for Pregnant Women	3*	9:00-17:00	Weekdays only

Press the either 1 or 3 depending on your enquiry after the automated message.

For more details, see the website below

Hamamatsu City Official Website

This pamphlet was made in collaboration with the Hamamatsu University School of Medicine and the Hamamatsu Foundation for International Communication and Exchange together in cooperation with foreign residents.


COVID-19

Information and Patient Stories

How The Virus Spreads…
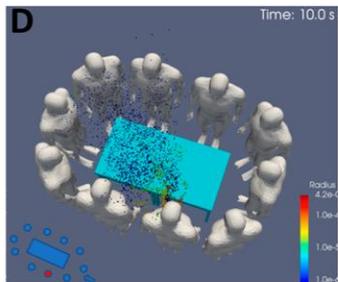
Infection Test
Outside
No Mask
**No Social Distance**

In Closed Spaces
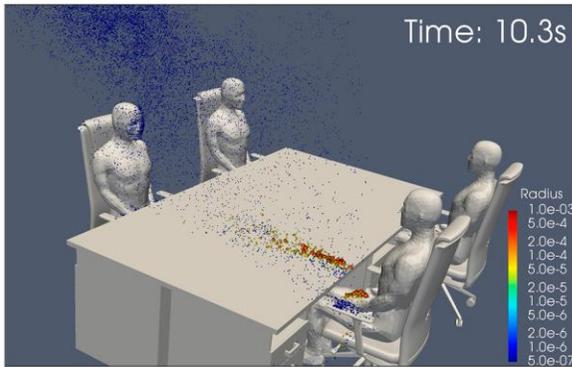
Source: The University of Kobe
Simulation by Super Computer Fugaku

"A friend of mine thought that just one vaccine shot would be enough for immunity.

He went to a night club in the neighbouring prefecture and caught COVID. It was too late for prevention when the first symptoms started to appear. He went to a Barbeque with family and friends. As a result, I was one of the people who were infected."

MHS-24 Years Old Resides in Hamamatsu

Survey Results

- Unknown 14%
- Work 32%
- Family & Friends 23%
- Church 19%
- Carelessness 12%
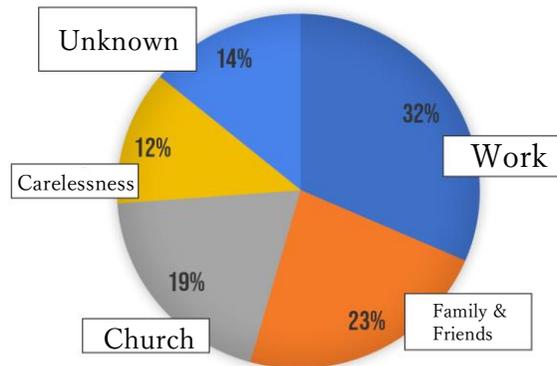
60 people took part in the survey between 17 September 2021 and 20 October 2021

"I delivered food to my son since he had caught COVID. I wore a mask, brought the food over and cooked. A few days later, I had a fever and my throat was sore. It was COVID. I thought I was safe since I was wearing a mask but neglected to sanitize my hands. I also didn't know about the effectiveness of different masks like the cloths masks. I had to go to hospital. I hope it doesn't happen again."

LT-58 Years Old Resides in Hamamatsu

The Correct Way to Wear a Mask